

# BODY PIERCING-NIPPLE AFTER-CARE INSTRUCTIONS

## PLEASE FOLLOW THESE AFTERCARE INSTRUCTIONS:

- Please cleanse the pierced area by using antibacterial or antimicrobial soap for the external skin and/or antiseptic or carbamide peroxide mouthwash for the oral cavity.
- For at least the first two to six weeks minimize exposure to the sun, and discourage swimming in fresh, salt, or chlorinated water.
- Use sterile bandages or other sterile dressing when necessary.
- The client shall consult a health care practitioner at the first sign of infection or allergic reaction, and report any diagnosed infection, allergic reaction, or adverse reaction resulting from the body piercing to the artist and to the Texas Department of Health, Drugs and Medical Devices Division at 1-888-839-6676.

## NIPPLE/GENITAL

- Clean with anti-bacterial soap in the shower, rinse thoroughly by moving jewelry back and forth.
- Cleaning with Betadine three to four times daily is recommended.
- Dissolve one teaspoon of sea salt in two ounces of warm water, let soak for at least five minutes, twice per day, this will aid healing.
- No swimming in fresh or salt water until completely healed. (8-12 weeks)
- Do not cover, use a sterile bandage if absolutely necessary.
- Do not use hydrogen peroxide or alcohol to clean piercing.
- Do not change jewelry until completely healed. (8-12 weeks)
- Limit oral contact while healing, use a condom during sex. (for genital only)
- Minimize exposure to filth.

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